

# **NORTHUMBERLAND FELL RUNNERS (the “Club”) – CODE OF CONDUCT**

**[October 25 2024]**

As a responsible fellrunner and Club member, I will:

- abide by the UK Athletics and the Home Country Athletics Federation Adult Safeguarding Policy and Adult Safeguarding Procedures;
- abide by the UK Athletics and the Home Country Athletics Federation Child Safeguarding Policy and Child Safeguarding Procedures;
- respect the rights of every fellrunner, race official, race marshall, and any others involved in fellrunning and treat everyone equitably;
- participate within the rules of the sport, respect decisions of coaches and officials, and demonstrate respect towards fellow fellrunners;
- cooperate fully with others involved in the sport of fellrunning in whatever capacity and representatives of the governing body in my best interests and those of other athletes;
- consistently promote positive aspects of fellrunning and never condone rule violations or the use of prohibited substances;
- anticipate and be responsible for my own needs, including being organised, having the appropriate equipment;
- act with dignity and display courtesy and good manners towards others;
- in no way undermine, put down or belittle other fellrunners, or any other individual, acting in any capacity, associated with the fellrunning either at specific races or at an associated fellrunning event;

- avoid swearing and abusive language whilst at fellrunning events, at Club functions and events, or when as part of a Club team/ squad;
- never engage in any inappropriate or illegal behaviour;
- challenge and report inappropriate behaviour and language by others;
- not misuse or abuse sporting equipment and venues;
- not carry or consume alcohol or illegal substances while training or whilst actively competing at a fellrunning event;
- act ethically, professionally and with integrity, and take responsibility for my actions;

I recognise that I am bound by the UK Athletics Anti-Doping Regulations, and submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. UK Anti-Doping Rules apply to all member participating in fellrunning for a minimum of 12 months from the commencement of membership whether or not the member is a citizen of, or resident in, the UK.

## **BREACH OF THE CODE OF CONDUCT**

I understand that if I do not follow the code, action can be taken by the Club and I may:

- be asked to apologise for my behaviour;
- receive a verbal or written warning from the Club committee;
- be suspended from attending any Club activities;
- be suspended from the Club;
- be required to leave the Club.