

Northumberland Fell Runners Championship Races 2016

Sun 20 Mar, 11:00	Carrock Fell (new)	AS	Hesket Newmarket	9km/500m	www.northernfelsrc.co.uk
Sat 9 Apr, 10:00	Allendale Challenge	AL	Allendale	42km	www.sientries.co.uk
Sun 1 May, 10:30	The Cheviot and Hedgehope Pendulum Fell Race	AM	Langleeford	18km/1120m	Facebook
Sat 11 June,	Alnwinton Round (15)	BL	Alwinton	24km	www.sientries.co.uk
Sun 26 June, 11:00	Cronkley Fell Race	BM	Holwick	16.9km/535m	www.durhamfellrunners.org.uk
Thu 14 July, 19:15	Beacon Hill	BS	Lordenshaw CP	9.7km/458m	FRA
Sun 14 Aug, 14:00	Forest Burn	BS	Gate Pub	6km/150m	www.simonsidefair.co.uk
Wed 31 Aug, 19:00	Roseberry Topping	AS	NYM	2.3km/217m	www.eskvalleyfellclub.org
Sat 8 Oct, 11:00	Langdale Horseshoe. Pre-entry	AL	Langdale	21.1km/1450m	www.amblesideac.org.uk
Sun 6 Nov, 10:30	Saltergate Gallows	BM	NYM	17km/430m	www.eskvalleyfellclub.org
Sun 4 Dec, 11:00	Hexhamshire Hobble	CM	Allendale	17km/70m	www.allenvalleystriders.co.uk

Please double check websites / FRA handbook for details

Min 3 races to count, best of 6, any combination. For 2016, there is no need for one in each distance category