

NFR Championship Races 2018

Race	Day	Date	Time	Category	Distance	Climb	Cost	Entry details	Location
Brough Law	Sun	25 th March	10.30	AS	5m/8k	1312ft/400m	£3	EOD	N'land
Gisborough Moors	Sun	15 th April	10.30	BL	12.4m/20k	2789ft/850m	£5	EOD	NYM
Coniston	Sat	5 th May	12.30	AM	8.7m/14k	3494ft/1065m	£10	EOD	Lakes
Roseberry Romp	Tue	22 nd May	19.00	BS	5.1m/8.2k	1050ft/320m	£4	EOD	NYM
Alwinton 3 Tops	Sat	16 th June	10.30	BL	14.9m/24k	2461ft/750m	£13	£13 EOD or £11 pre-entry via SiEntries	N'land
Beacon Hill	Thu	12 th July	19.15	BS	6m/9.7k	1503ft/458m	£5	EOD	N'land
Forestburn	Sun	12 th Aug	14.00	BS	3.5m/5.6k	492ft/150m	£1	EOD plus entry fee to Simonside Country Fair	N'land
Simonside	Sat	15 th Sept	14.30	BM	6.8m/11k	1148ft/350m	£2	EOD plus entry fee to Thropton Village Show	N'land
Langdale Horseshoe	Sat	13 th Oct	11.00	AL	13.1m/21.1k	4757ft/1450m	£10	Pre-entry only via Sportident website from 1 st July	Lakes
Saltergate Gallows	Sun	4 th Nov	10.30	BM	10.6m/17k	1411ft/430m	£5	EOD	NYM
Hexhamshire Hobble	Sun	2 nd Dec	11.00	CM	10.4m/16.8k	1243ft/379m	£7	£7 EOD or £6 pre-entry	N'land

Points from best six races to count. By the end of the year, minimum of one Short, one Medium, and one Long category race needed for points to count in the Championship. Points awarded in each age group: 52pts for winner, 49pts for second, 48pts for third, etc. Age groups for men and women are Senior, V40, V45, V50, V55, V60, V65, V70.