

	Simonside Cairns Fell Race Results 2025					
	Name	Cat.	Club	Time		
1	Chris Larkin	M	NFR	1.14.03		
2	Jarlath McKenna	M40	NFR	1.19.16		
3	Thomas Prentice	M	NFR	1.24.41		
4	Chris Alborough	M	Durham	1.24.36		
5	Andrew Armin	M	Saltwell	1.25.21		
6	John Packer	M	NFR	1.28.05		
7	Andy Blackett	M40	Durham	1.28.36		
8	William Fox	M	Nidd Valley	1.29.03		
9	Johnny Malley	M	NSP	1.29.19		
10	Richard Bateson	M40	NFR	1.29.22		
11	Joe Stringer	M40	NFR	1.30.02		
12	Graham Watt	M40	Elvet	1.35.45		
13	William Bowers	M	Tyne Bridge	1.36.08		
14	Roger Sillito	M40	NFR	1.36.58		
15	Dav Carr	M40	Prudhoe	1.37.36		
16	Barney Hussey	M	U/A	1.37.39		
17	Duncan Allen	M	U/A	1.37.54		
18	Adam Fletcher	M60	U/A	1.38.19		
19	Ally McDonald	M60	Morpeth	1.41.03		
20	Tom Swaffield-Bray	M	Elvet	1.41.14		
21	Jonathan Conlon	M40	Saltwell	1.41.45		
22	Joe Spoor	M40	Achille Ratti	1.41.49		
23	David Allison	M60	NYMAC	1.42.01		
24	John Duff	M50	NFR	1.42.12		
25	Will Lloyd	M	NFR	1.42.51		
26	Karen Robertson	F50	NFR	1.43.33		
27	Simon Engelhart	M40	Elvet	1.43.57		
28	Dave Jones	M50	U/A	1.44.33		
29	Simon Long	M50	Saltwell	1.44.39		
30	Harvey Lord	M40	Black Combe	1.45.03		
31	Emma Burke	F50	NFR	1.45.07		
32	Keith Murray	M60	Teviotdale	1.45.28		
33	Ben Frankel	M50	U/A	1.45.34		
34	Laura Chapman	F50	Jesmond Joggers	1.45.50		
35	David Fielding	M40	NFR	1.46.09		
36	Nicolas Johnston	M40	NFR	1.46.19		
37	Michael James	M	U/A	1.47.04		
38	Duncan Ball	M60	Penicuik	1.47.35		
39	Peter Dawson	M40	NFR	1.47.37		
40	Will King	M	U/A	1.47.49		
41	Jim Stanton	M	U/A	1.48.15		
42	Adam Finlay	M40	Tyne Bridge	1.48.41		
43	Matt Hetherington	M40	NFR	1.49.31		
44	John Phizacklea	M50	Cheviot Trail	1.49.37		
45	Geoff Davis	M60	NFR	1.49.55		

46	Rob Wilson	M50	U/A	1.51.12		
47	Colin Price	M40	Dark Peak	1.51.14		
48	Charles Harries	M	Elvet	1.51.38		
49	Nick Latham	M50	Elvet	1.51.58		
50	Andrew Chiu	M40	Tyne Bridge	1.52.43		
51	Tim McCall	M60	Norh	1.54.09		
52	Ryan Dick	M	Tyne Bridge	1.54.48		
53	John Tollitt	M60	NFR	1.55.54		
54	Shaun Kelly	M40	Cheviot Trail	1.56.24		
55	Helen Heaney	F50	NSP	2.00.04		
56	Esther Swaffield-Bray	F	Elvet	2.00.41		
57	Emily Hill	F	Tyne Bridge	2.00.52		
58	Emily Johnson	F	Ponteland	2.01.40		
59	Steven Heide	M50	U/A	2.02.29		
60	Emma McCabe	F40	Elvet	2.02.43		
61	Tamsin Imber	F40	Elvet	2.03.21		
62	Mike Waring	M50	Ponteland	2.05.21		
63	Dave Legg	M50	NFR	2.05.25		
64	Paul Smith	M50	Cheviot Trail	2.05.34		
65	Claire Bagness	F60	NFR	2.06.01		
66	Rebecca Rawlinson	F	U/A	2.06.37		
67	Nina Cameron	F50	NFR	2.06.46		
68	Brian Robson	M50	U/A	2.08.26		
69	Rose King	F40	NSP	2.09.57		
70	Harry Slinger	M	Tyne Tri	2.12.05		
71	George Squires	M	U/A	2.14.41		
72	Susan Davis	F60	NFR	2.16.11		
73	Steve Clough	M70	Norham	2.16.52		
74	Emily Cannon	F	U/A	2.18.08		
75	Allon Welsh	M60	NFR	2.18.31		
76	Mike Steven	M60	NFR	2.18.34		
77	Jane Briggs	F50	NFR	2.18.34		
78	David Halliwell	M60	Jesmond Joggers	2.22.12		
79	Glen McWilliams	M60	Cheviot Trail	2.23.05		
80	Andrew Duncan	M70	NFR	2.26.14		
81	Trevor Potts	M50	U/A	2.28.44		
82	Claire Calverley	F40	NFR	2.31.10		
83	Scott Dewhirst	M40	U/A	2.31.43		
84	Catherine Craske	M50	Hirst	2.35.10		
85	Richard Craske	M50	U/A	2.36.00		
86	Frances Naylor	F50	Morpeth	2.37.11		
	The expected rain stayed away and an exceptionally mild but overcast day					
	greeted the runners for the 30 th Edition of this popular December race. The					
	race was founded in 1995 by Peter Reed and the late Ray Hayes. Peter was					
	handing jelly babies and water out to the runners at the Coquet Cairn check					
	point and is still very much involved.					
	NFR's Chris Larkin was the convincing mens winner and he is getting very					

	close to Nick Swinburn's course record. NFR's Jarlath McKenna and Thomas				
	Prentice coming 2 nd and 3 rd .				
	NFR's Karen Robertson won the Ladies race making this her 13 th victory in this				
	event. Emma Burke NFR and Laura Chapman Jesmond Joggers were 2 nd and 3 rd .				
	Thanks to Elvet for bringing a good compliment of runners and home club				
	NFR who had 26 members competing.				
	A special mention must be made for local lad Brian Robson who completed				
	his 30 th Simonside Cairns Fell Race. Brian actually ran in the same kit that he wore				
	in the very first race in 1995. Fell running has played a big part in Brian's life and				
	has helped him through some challenging times in recent years. He was presented				
	with a memento of the Simonside Hills and long may he continue to run.				
	Also a big thanks to the registration and refreshments teams and to the many				
	marshals out on the course for giving their time to make these events happen.				
	Paul Appleby.				