

Penchrise Pen Hill Race

Sunday 29th September 2013

12:00 start

Venue: Start/finish parking and registration (11am onwards) at Stobs Camp (GR500094), 4 miles south of Hawick on B6399 (turn off at war memorial near Woodfoot Bridge)

Category BS: Distance 8km, Ascent 280m

Entries on day - £5

Entrants must be aged 16 or over

Run under SHR rules (full kit may be required depending on weather)

Note: Race and parking all taking place on farmland with livestock by kind permission from local farmers so please do not bring dogs.

For further information contact Keith Murray: email - kjmurray63@hotmail.com or tel – 07804648287

Records

M – 35:23 Darin Dougal (Moorfoot) 2011

F – 39:28 Charlotte Morgan (Carnethy) 2012