

Simonside Cairns Fell Race

BM 11 miles 1770ft Ascent

Sunday 14th December 2014

Start 11.00am

Registration from 9.30am at Newcastle House Hotel, Rothbury (GR057 017)

Entry Fee £5.00

Over 18. Records M -1.14.34 N Swinburne 2006. F – 1.24.19 A Mudge 2005

FRA safety conditions will apply, all competitors must carry full body waterproof cover. Kit checks will be carried out. Further details from Paul Appleby on 01669 620871 or paul@davidapplebybuilders.co.uk

FRA Guidelines – Over 18 only



The Hillforts and Headaches Fell Race

Will not be taking place on January 1st.